

MWR BLUE JACKET CAFÉ

NSA Annapolis



Weekly Menu - August 6 - 12, 2012

MONDAY- August 6

Breakfast
Oatmeal
Bacon
Corned Beef Hash
Home Fried Potatoes
Eggs to Order
BJC Asst Omelet Bar
Pancakes
Asst. Yogurt
Asst. Cereal
Asst. Pastry

Lunch
Chef's Soup of the Day
Soup of the Week (Chicken Noodle)
Baked Meatloaf
Baked Salmon
Mashed Potatoes
Baked Macaroni & Cheese

Creole Summer Squash Steamed Peas Brown Gravy BJC Salad Bar BJC Ice Cream Bar **Lunchtime Speedline**

Chicken Wing Zing

Dinner

Roast Beef Steamed Egg Noodles Steamed Carrots Brown Gravy Baked Potato Baked Beams BJC Ala Carte Menu BJC Salad Bar BJC Ice Cream Bar

TUESDAY – August 7

Breakfast
Grits
Bacon
Grilled Sausage Patties
Hash Browns

Hash Browns
Eggs to Order
BJC Asst Omelet Bar
French Toast Sticks

Asst. Yogurt Asst. Cereal Asst. Pastry Lunch
Chef's Soup of the Day
Soup of the Week (Chicken Noodle
Di Flornica Chicken Breast
BBQ Spareribs

Lunch

Soup of the Week (Chicken Noodle)

Baked Potato Bar Rice Pilaf Steamed Corn

French Fried Cauliflower
B.IC Salad Bar

Chef's Soup of the Day

Country Fried Steak

Baked Fish Flounder

BJC Salad Bar BJC Ice Cream Bar Lunchtime Speedline

Chili & Cheese Hot Dogs

<u>Dinner</u> Grilled Parmesan Chicken Breast

Steamed Green Beans
Baked Potato
Baked Beams
BJC Ala Carte Menu
BJC Salad Bar
BJC Ice Cream Bar

Noodle Jefferson

WEDNESDAY - August 8

Breakfast
Cream of Wheat
Bacon
Grilled Ham Slices
Home Fried Potatoes
Eggs to Order
BJC Asst Omelet Bar
Waffles w/Strawberry

Eggs to Order
BJC Asst Omelet Bar
Waffles w/Strawberry
Topping
Asst. Yogurt
Asst. Cereal
Asst. Pastry

Roasted Garlic Redskin Mashed
Potatoes
Curley Fries
Cream Corn
Steamed Peas
BJC Salad Bar
BJC Ice Cream Bar

Lunchtime Speedline

Monte Cristo Sandwich

Roast Turkey
Mashed Potatoes
Steamed Green Beans

Turkey Gravy Baked Potato Baked Beams BJC Ala Carte Menu BJC Salad Bar

THURSDAY - August 9

Breakfast
Oatmeal
Bacon
Sausage Biscuit w/Gravy
Hash Browns
Eggs to Order
BJC Asst Omelet Bar
Blueberry Pancakes
Asst. Yogurt
Asst. Cereal

Asst. Pastry

Lunch
Chef's Soup of the Day
Soup of the Week (Chicken Noodle)
Teriyaki Chicken (Quarter)
Grilled Italian Sausage
Spaghetti w/Marinara Sauce
French Fries
Corn on the Cob
Collard Greens / Corn Bread
BJC Salad Bar

BJC Ice Cream Bar

Lunchtime Speedline

BJC Burgers

Dinner

Salisbury Steak Redskin Mashed Potatoes

Steamed Summer Squash Brown Gravy Baked Potato Baked Beams BJC Ala Carte Menu BJC Salad Bar BJC Ice Cream Bar

FRIDAY – August 10			
Breakfast Grits Bacon Corned Beef Hash Home Fried Potatoes Eggs to Order BJC Asst Omelet Bar Waffles Asst. Yogurt Asst. Cereal Asst. Pastry	Lunch Chef's Soup of the Day Soup of the Week (Chicken Noodle) BBQ Chicken Thighs Lemon Baked Cod Rice Pilaf O'Brien Potatoes Steamed Green Beans Steamed Carrots BJC Salad Bar BJC Ice Cream Bar	Lunchtime Speedline Chicken Parmesan Sub	Dinner Savory Baked Chicken Steamed Rice Steamed Peas & Carrots Chicken Gravy Baked Potato Baked Beams BJC Ala Carte Menu BJC Salad Bar BJC Ice Cream Bar
SATURDAY – August 11			
Brunch 10 Chicken Nuggets Grilled Ham & Cheese Sandwich Curly Fries Mixed Vegetables \$5.50/person	Eggs to Order Bacon Apple Pancakes Hash Browns Cream of Wheat BJC Salad Bar BJC Ice Cream Bar	Lunchtime Speedline No Speedline on Saturday	Dinner Beef Stroganoff Steamed Egg Noodles Steamed Corn Baked Potato Baked Beams BJC Ala Carte Menu BJC Salad Bar BJC Ice Cream Bar
SUNDAY – August 12			
Brunch 10 a Veal Parmesan Corn Dogs French Fries Steamed Cauliflower \$5.50/person	Eggs to Order Bacon French Toast Home Fried Potatoes Oatmeal BJC Salad Bar BJC Ice Cream Bar	Lunchtime Speedline No Speedline on Sunday	Dinner Chicken Pot Pie Rice Pilaf Savory Bread Dressing Steamed Cabbage Baked Potato Baked Beans BJC Ala Carte Menu BJC Salad Bar BJC Ice Cream Bar
Meal Rates: Breakfast - \$3.50 Brunch - \$5.50 Lunch and Dinner - \$5.50 Menu Recording: 410-293-9120* *Menu subject to change!		Monday – Friday Breakfast 6:30 to 8 a.m. Lunch 11 a.m. to 1 p.m. Dinner 4:30 to 6 p.m. Saturday, Sunday and Holidays Brunch 10 a.m. to 12:30 p.m. Dinner 4:30 to 6 p.m.	

Coffee Shop and Deli (Grab & Go)

.... for Gourmet Coffee, Pastry, Bagels, Sandwiches, Subs, Salads & Sodas Monday – Friday 8 a.m. to 4 p.m.